## UNDERSTANDING AND SUPPORTING THE DEVELOPMENT OF IDENTITY IN ADOLESCENCE

WHAT ARE THE AIMS OF THE TRAINING? For settings to consider how they support young people to develop their identity over the course of adolescence through whole school approaches such as their PSHE curriculum and pastoral support systems

WHO IS IT SUITABLE FOR?

All secondary school staff but in particular senior mental health leads, pastoral leads, DSL, SENCo, Inclusion leads and PSHE leads

This will be An initial in-person training event with two online follow up sessions

WHAT IS COVERED?

- How identity develops over the course of adolescence
- How different aspects of identity (e.g. gender, self-concept, self-esteem, sexuality) may develop
- What factors influence the development of identity (e.g. friendships, social media, neurodivergence, life experiences) for young people
- How schools can support young people during the process of developing their identities

WHERE AND WHEN?

## **BOOK EITHER:**

TUESDAY 3<sup>RD</sup> FEBRUARY TUESDAY 24<sup>TH</sup> FEBRUARY TUESDAY 28<sup>TH</sup> APRIL

## LOCATION:

GRAISELEY FAMILY HUB, WILLOW ROOM, POOL STREET, BLAKENHALL WV2 4NE AND THEN ON MICROSOFT TEAMS

**BOOK YOUR PLACE THROUGH THE WVES WEBSITE** 

OR

**CONTACT OUR ADMIN TEAM ON:** 

INCLUSIONSUPPORTADMIN@WOLVERHAMPTON.GOV.UK